



SERENE

PATIENT EDUCATION SHEET

WHAT IS SERENE?

Honokiol is a poly-phenolic compound that exerts neuroprotective properties through a variety of mechanisms. It has therapeutic potential in anxiety, pain, cerebrovascular injury, epilepsy, and cognitive disorders including Alzheimer's disease. It has been traditionally used in medical practices throughout much of Southeast Asia, but become more widely studied due to its pleiotropic effects.



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PATIENT BENEFITS

Benefits for patients on SERENE:



Reduce Stress
and Anxiety

What is SERENE's potency and suggested dosage?

Content & Potency: 7.5mg capsules in a quantity of 30.

Suggested dosage: Take 1-2 capsules as needed, effects diminish after 3-4 hours.

How does SERENE work?

SERENE (DHH-B), dihydrohonokiol-B, is a natural supplement which has anxiolytic-effects. Treatment with SERENE does not cause any significant changes in motor activity or muscle relaxation. Benzodiazepines are some of the most commonly prescribed medications in the United States. These anxiolytics have many well-known side effects including motor function and more. That being said, this product has the potential to help people transition from benzodiazepines to SERENE or act as an alternative to benzodiazepines.

Why would I want to use SERENE?

SERENE has been shown to reduce the feeling of stress and anxiety when taken.

What You Need To Know

Alcohol should be avoided when using this supplement. This supplement may provoke sleep when alertness is required.

Questions?

Please call (877) 612-6976

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.